



DENTAL WEDGE SHOWN ON STOOL

PRODUCT SPECIFICATIONS

Dental Wedge

www.australiandental.com.au/dental-wedge

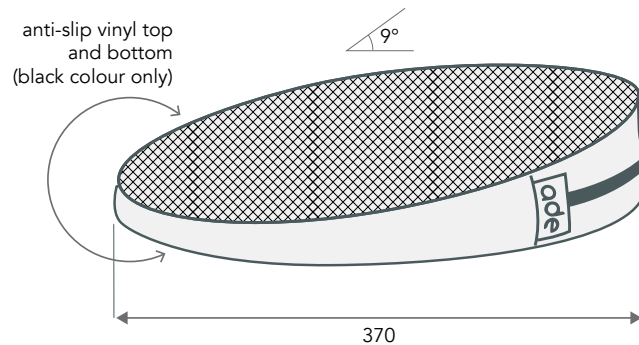


ade **australian
dental
engineering**

Tel: +61 3 9391 3552
Email: sales@australiandental.com.au
Fax: +61 3 9923 6516

Factory address:
13/17 Chambers Road, Altona North,
VIC 3025, Australia

Postal address:
PO Box 200, Altona North,
VIC 3025, Australia



ADDITIONAL NOTES ABOUT THIS PRODUCT

The product's ergonomic design incorporates a firm forward sloping seat for optimal dental work postures. The natural elongated S - shape of the spine is compromised by soft seats, resulting in a slumped posture and spinal compression causing back and neck problems.

The firm and forward sloping seat

- allows the weight to fall through the sit bones, the anatomical weight bearers for sitting;
- reduces muscular effort required to maintain upright posture;
- reduces tendency to slump;
- allows the hip joints to be higher than the knees, facilitates forward bending at the hip joints rather than distorting the spine.

USING YOUR WEDGE FOR THE FIRST TIME

It is recommended that you don't sit for long periods without breaks in the first few weeks of using your new product. The deep back muscles need to build up strength to support you sitting upright. As your muscles get stronger, you will be able to sit for longer periods with ease.

The job of our back muscles is to support an upright spine, but due to poor sitting posture these muscles are not activated with enough frequency to do this work.

The deep back muscles are activated when you are sitting on the product the correct way. As most people don't engage their back muscles to support their spine when sitting, initially these muscles are not used to working.

Even after the deep back muscles are accustomed to activation through sitting on the product, it is important to stand up and move, even briefly, every 35 – 45 minutes. 'Sitting is the new smoking', according to latest research.

PRODUCT DETAILS

The Dental Wedge is designed to create some friction between the user and the stool in order to minimise the risk of sliding off when the user is seated in a tilted position.

COMPONENTS

Upholstery

The Upholstery is manufactured with long-lasting injection moulded foam. Choose from over 200 vinyl colours or supply your own. For a full list of colours, see our website. All our vinyls are antibacterial and flame retardant.

SHIPPING INFO

Wedge weight: 0.6kg
Packaged weight: 0.7kg
Packaged dimensions: 470mm x 410mm x 85mm

HOW TO ORDER

Dental companies or government agencies, please contact us directly. Dentists please see our 'store locator' page for a list of our Australian and international distributors.